

MONICA HARRIS

Activist, Author, Attorney

Check out Monica's new book
Reality Bites: Insights on
Bridging the America Divide
at Amazon.com



Contact info:

Website: http://LetsGetUnplugged.com Email: monica@letsgetunplugged.com

Phone: (424) 280-0630 Location: Flathead Valley, MT

Monica Harris is an activist, author, and attorney. She graduated from Princeton University and Harvard Law School with the brightest minds who became powerful players in government and business. After working for 20 years as a Hollywood business affairs executive, Monica found herself exhausted and struggling with a growing sense that she wasn't living in the country she'd been taught she lived in. She began to question how our government, economy, and media really function, and what she learned compelled her to change her life. In 2011, Monica moved her family to Montana so she could "unplug" from the Southern California grind. Her experience in Big Sky country has awakened her to a profound realization: people of all colors and political persuasion have far more in common than we are led to believe.

Monica now uses her personal experiences, research, and insights to challenge institutions she used to believe in. Through her writing and speaking, she shares how and why our collective reality is being distorted to prevent us from coming together and actually solve America's biggest problems. Monica's blogs and articles can be read at her website, www.letsgetunplugged.com, and at on Medium.com where she's a top writer about politics. Her first book -- Reality Bites: Insights on Bridging the American Divide -- is available at Amazon.com. Visit her website for her latest posts and subscribe to her newsletter; follow her at "Unplugged" on Facebook and Medium.

THE POLITICAL DIVIDE IN AMERICA

POTENTIAL INTERVIEW QUESTIONS

- 1. Why did you decide to "drop out" from life as a Hollywood business executive and move to Montana?
- 2. What inspired you to start blogging on Medium and how did this lead to your book *Reality Bites?*
- 3. What is "reality distortion," and can you give specific examples of how our reality has been distorted?
- 4. How does reality distortion keep us from solving the biggest problems facing us?
- 5. How has your life changed since you started writing about these issues in your blogs and book?
- 6. How has life as a gay, black woman in a state that's 90% white and 98% straight informed your perspective of the political divide in America?
- 7. In your book, you say our collective reality is distorted to exaggerate our political differences and values. How does this play out, and how does it contribute to the political divide?
- 8. Who benefits from this distortion of our political reality?
- 9. What do you see as the greater threat to America: the racial divide or the class divide?
- 10. What is the most important thing that each of us can do right now to help bridge the political divide?